

# Milam 2

**Recipe: 000327 Blackberry Shortbread Cookies**

Recipe Source: Recipe Zaar

Recipe Group: DESSERTS

**Recipe HACCP Process: #2 Same Day Service**

Alternate Recipe Name:

Number of Portions: 36

Size of Portion: 20 g

001001 BUTTER,W/SALT.....	4 OZ	In mixing bowl, cream butter and sugar. Stir in applesauce. Beat in extract and gradually add flour until dough forms a ball. Roll into 1 inch balls. Place on ungreased baking sheet, making hole with end of wooden spoon.
009401 APPLESAUCE,CANNED,UNSWTND,W/+VIT C.....	4 OZ	
019335 SUGAR,GRANULATED.....	2/3 CUP	
900057 Almond Extract.....	1/2 teaspoon	
020581 FLOUR,ALL PURPOSE WHITE,ENRICHED,UNBLEACHED....	1 1/2 CUP	
020080 FLOUR,WHOLE WHEAT.....	1/2 CUP	
009048 BLACKBERRIES,FRZ,UNSWTND.....	2 CUP, unthawed	To create berry topping, boil 2 cups of berries, adding cornstarch to thicken. Allow to cool. Add to tops of cookies.
019335 SUGAR,GRANULATED.....	2 TBSP	
020027 CORNSTARCH.....	1 TBSP	
		Bake at 350 degrees for 1418 minutes.
		Allow to cool on wire racks.

Calories	72	Iron	0.38 mg	Protein	0.90 g	5.00%	Calories from Prot
Cholesterol	7 mg	Calcium	4.71 mg	Carbohydrates	11.49 g	63.94%	Calories from Carb
Sodium	18 mg	Vitamin A	89.4 IU	Total Fat	2.68 g	33.50%	Calories from T Fat
Dietary Fiber	0.80 g	Vitamin A	24.8 RE	Saturated Fat	1.63 g	20.44%	Calories from S Fat
		Vitamin C	0.93 mg	Trans. Fat	N/A* g	%	Calories from Trans. Fat

Note: \* - asterisk denotes nutrients with either missing or incomplete nutrient data.

Miscellaneous		Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt.....	oz.				? - Milk
Grain/Bread.....	srv.				? - Egg
F/V/J.....	cup				? - Peanut
Milk.....	fl. oz.				? - Tree Nut
					? - Fish
					? - Shellfish
					? - Soy
					? - Wheat
<b>Moisture &amp; Fat Change</b>					
Moisture Change.	0%				
Fat Change.....	0%				
Type of Fat.....					

**Production Specification**

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

## Milam 2

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	001001	BUTTER,W/SALT			
I	009401	APPLESAUCE,CANNED,UNSWTND,W/+VIT C			
I	019335	SUGAR,GRANULATED			
I	900057	Almond Extract			
I	020581	FLOUR,ALL PURPOSE WHITE,ENRICHED,UNB			
I	020080	FLOUR,WHOLE WHEAT			
I	009048	BLACKBERRIES,FRZ,UNSWTND			
I	019335	SUGAR,GRANULATED			
I	020027	CORNSTARCH			

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.